The Power Of Others by David Mielcarek, Oct 25, 2014

When someone affects you, ask yourself... What are YOU expecting in return?

If you allow someone to control your feelings or actions, they must have something you want. Like money, respect, friendship, love.



Realizing you have the power over their control, gives you the ability to take control yourself. If you want their 'thing', then they have control. To remove their control, stop wanting their 'thing'.