

# 0 (zero) Steps To Losing It All (aka Moss Covers The Rocks)



"The new car looks great", a friend tells you.

"Yes, I am so proud of it. Look how it shines", you beam with pride.

You wash it twice a day, wax it, care for it, and add things to it to make it look better.

But, soon, you look at it less often.

Times passes...specs of dust form on it, water in the air eats away the surface.

Without continued focus and care for your things/self, they will begin to fade, lose their shine.



As the moments pass in your life, and you decide what you should do now/next, think of a fancy car sitting in old dusty garage. The car was once the talk of the town. But, as love wasn't frequently applied to it and upgrades were not added, it now sits in the dark, the quality parts falling apart.

When I go on my lunch at work, get home from a day in the field, or find myself with a day off, I must ask myself.... "What should I do now/next and how is that going to change my life?" Time is always moving forward.

I then draw, read, program, other, and that makes my time shine, better who I am.



I have frequent talks with students at our college and a common thing I hear is **"but, it will take so long!"** I then reply **"yes, but, that 'long' time will be over. Will you have made upgrades to yourself, or still making the same complaint?"**

Do not get me wrong, you need your sleep/rest/enjoyment. Take time to enjoy life and reward yourself for the work you have done.

The agreement (with yourself) should be that you will take daily steps (even small ones) to make YOU better for yourself and others. Park a little farther away from the store and add more steps to the trip. Still choose the all-so-good tasting burger, but, get an Iced Tea instead of a soda. Say "hi" and smile at a complete stranger.

There is no doubt that things standing still can/will become less attractive over time, and fade further into the background. Even the most expensive car will become a pile of dust, if not taken care of.



There is a saying I heard - **"if you want something done, give it to someone busy"**. There is a lot of truth in that. Those staying busy are staying focused, both on their tasks, and on themselves. This carries over into their personal life, where they 'stay busy' keeping themselves moving forward.

So, on that note, I finish this post with an on-the-fly quote:

**"Always count your blessings, but, always look for ways to create your own."** - David

Mielcarek, Sep. 16, 2014

Some of my doodles on this subject:

The Crew: <http://timeforyourmind.com/davesArt/tfymArtIndex-32.htm>

Remember To Rest: <http://timeforyourmind.com/davesArt/tfymArtIndex-76.htm>

Just A Little More: <http://timeforyourmind.com/davesArt/tfymArtIndex-48.htm>

Create Your Own Blessings (quote):

<http://timeforyourmind.com/davesArt/createYourOwnBlessings.htm>

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